

# **AMEREC SAUNAS**

In today's hectic world, aren't we all looking for a private retreat—a place to become refreshed physically and mentally? Imagine being able to come home from a long day at the office and slip into the comfort of your own bath time paradise. Your muscles finally relax. All the hassles of the day leave your mind. You feel every ounce of stress drain from your body.

### **HEALTH BENEFITS**

**Saunas improve cardiovascular performance.** As core body temperature rises, cardiac output increases. When we cool off again, the heart rate drops, giving our hearts a healthy workout that improves performance and helps the body's regulatory system.

Saunas reduce incidences of Alzheimer's by 65%. A 20-year study conducted with more than 2,300 participants at the University of Eastern Finland by Dr. Jari Laukkanen and his colleagues revealed regular sauna use (4-7 times per week) at 176 degrees F for 19 minutes lowered the risk for both Alzheimer's & dementia.

Saunas relieve stress. The heat from the sauna stimulates the release of endorphins. Endorphins are the body's all-natural "feel good" chemical, and their release provides a truly wonderful "after sauna glow."

Saunas relax muscles and soothe aches. Heatstimulated endorphins can have a tranquilizing effect, minimizing muscle pain and soreness. Heat also increases blood flow, speeding up the body's natural healing process.

**Saunas flush toxins.** Deep sweating in a sauna can help reduce levels of lead, copper, zinc, nickel, mercury and chemical - toxins commonly absorbed just from interacting with our daily environments.

**Saunas cleanse skin.** When the body sweats, skin is cleansed and dead skin cells are replaced - keeping your skin in good working condition.

**Saunas can help you sleep better.** Research shows the effect of declining endorphins after a sauna can help you get to sleep faster and stay asleep longer.

Discover more healthy benefits of the Amerec pure sauna experience at www.amerec.com





# **CUSTOM-CUT**

# SAUNAS FOR FRAMED WALL APPLICATIONS

Is flexibility what matters most to you? Amerec's Custom-Cut sauna packages contain all the material and equipment necessary to complete your sauna after the room has been framed, wired, and insulated.

Amerec's Custom-Cut sauna is great for the person looking for the ease of assembling a kit but wants more flexibility in the layout. This is a superb sauna for constructing on the framing of an existing space.

We offer 25 standard Custom-Cut room sizes — from 4' x 4' up to 10' x 12', all with 7' ceilings (the maximum height recommended for optimum comfort and efficiency is 8') as well as unlimited custom sizes and features. Detailed construction plans help you prepare the room for quick installation.

Can't find what you're looking for? Amerec provides free design assistance, including CAD drawings to create your perfect sauna.





# CUSTOM-CUT "CLASSIC" SAUNA SERIES

Saunas custom-made to exactly fit your framed wall space. Choose Amerec's Classic Series or upgrade to the deluxe European Series.

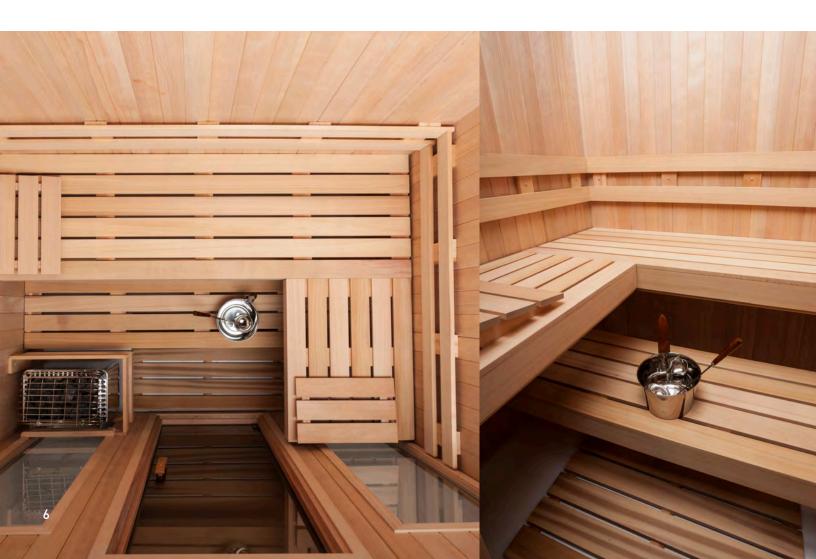


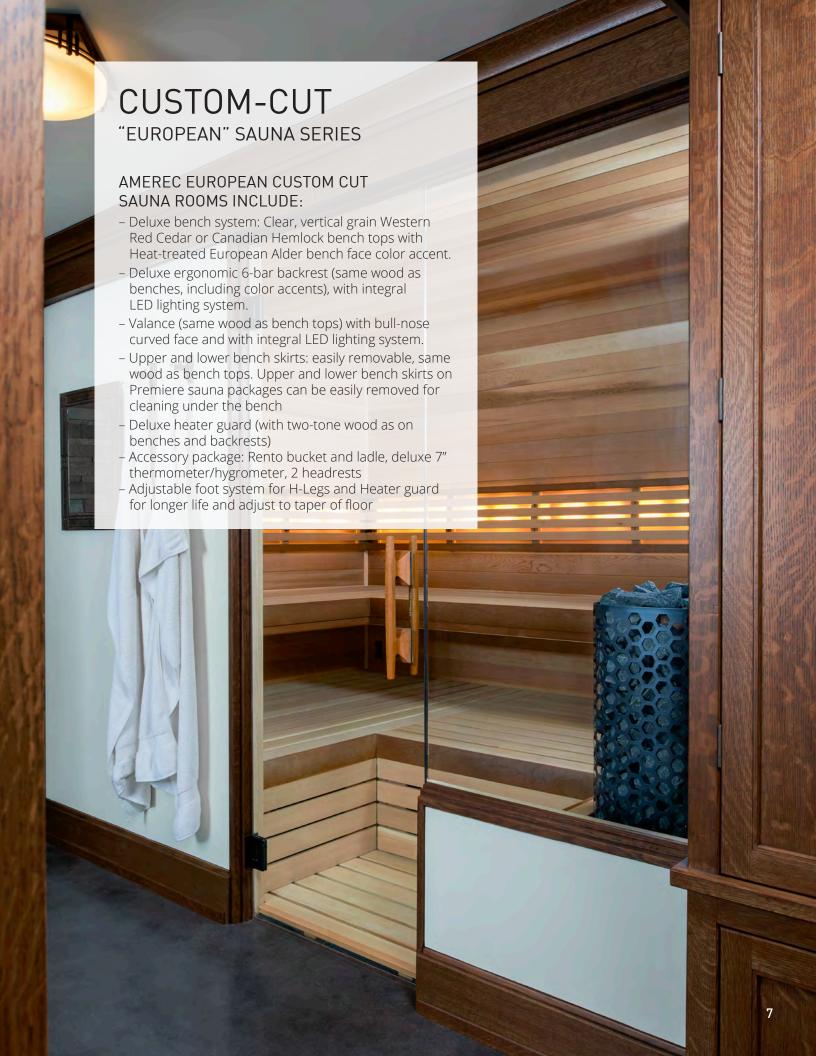
### **EACH KIT CONTAINS**

- Cut-to-length, tongue and groove, clear Western Red
   Cedar or Hemlock for interior walls and ceilings
- Interior corner, ceiling and door trim
- A genuine Amerec heater, rocks and heater guard
- Pre-assembled benches, 2-bar backrests and headrests
- Pre-hung all-glass door
- Room light, thermometer
- Wooden duckboard or plastic mat flooring in walking areas
- Bucket and ladle
- Foil vapor barrier, all hardware

### OPTIONAL FEATURES

- Angles and unique bench configurations
- Glass windows and sidelights
- Handicap-accessible doors
- Bench skirting, wall-to-wall duckboard, valance lighting
- Luxury benches, speakers, curved backrests
- Accessories
- Upgraded heater and controls





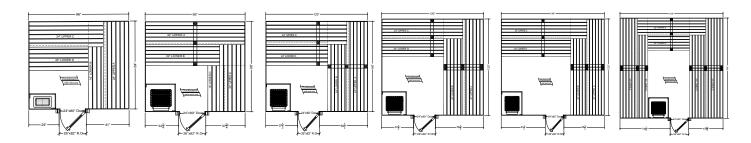
# COMMERCIAL CUSTOM-CUT SAUNA

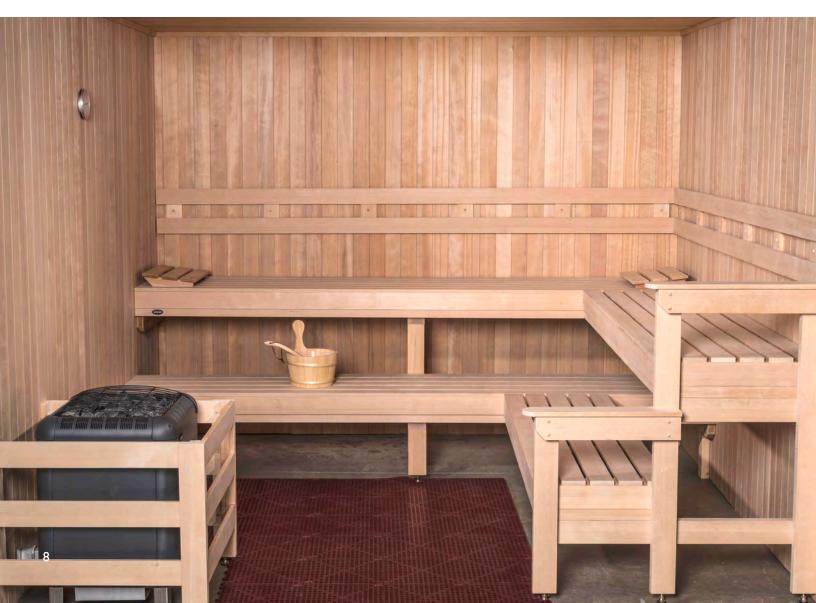
"CLASSIC"

Amerec's Classic Commercial Saunas have set the standards for the worldwide sauna industry.

# AMEREC'S "CLASSIC" COMMERCIAL CUSTOM CUT SAUNA ROOMS INCLUDE:

- Deluxe bench system: Clear, vertical grain Western Red Cedar or Canadian Hemlock benches.
- 2-bar backrest (same wood as benches).
- 3-bar heater guard (same wood as on benches)
- Accessory package: One-gallon stainless steel bucket and ladle (or optional one gallon wood bucket and ladle), 5" thermometer, 2 headrests
- Standard wall light
- Adjustable foot system for H-Legs and Heater guard for longer life and adjust to taper of floor





# COMMERCIAL CUSTOM-CUT SAUNA

"EUROPEAN"

# AMEREC EUROPEAN CUSTOM CUT SAUNA ROOMS INCLUDE:

- Deluxe bench system: Clear, vertical grain
   Western Red Cedar or Canadian Hemlock bench tops with Heat-treated European Alder bench face color accent.
- Deluxe ergonomic 6-bar backrest (same wood as benches, including color accents), with integral LED lighting system.
- Valance (same wood as bench tops) with bull-nose curved face and with integral LED lighting system.
- Upper and lower bench skirts: easily removable, same wood as bench tops. Upper and lower bench skirts on European sauna packages can be easily removed for cleaning under the bench
- Deluxe heater guard (with two-tone wood as on benches and backrests)
- Accessory package: Rento bucket and ladle, deluxe 7" thermometer/hygrometer, 2 headrests
- Adjustable foot system for H-Legs and Heater guard for longer life and adjust to taper of floor





Standard bench tops are 1x4 clear vertical grain Western Red Cedar or Canadian Hemlock.

Optional upgrade bench tops of 2x4 clear vertical grain Western Red Cedar or Canadian Hemlock.









# PANEL-BUILT "CLASSIC" SERIES



From 4'  $\times$  4' to 10'  $\times$  12', Amerec offers numerous standard panel-built/modular room sizes. Not interested in a standard size? We can also manufacture custom modular saunas to meet your needs.

### STANDARD FEATURES

- Interior and exterior of clear Western Red Cedar or Hemlock
- Prefabricated, insulated panels for walls and ceiling
- Interior and exterior trim
- Pre-assembled benches
- Heater guard rail
- Pre-hung all-glass door
- Wooden duckboard or plastic mat flooring in walk area
- Bucket and ladle
- Wall light and thermometer
- Headrests

### OPTIONAL FEATURES

- Glass window panels
- Other door options
- Luxury benches
- Bench skirts, wall-to-wall duckboard, deluxe backrests
- Neo-angles
- Accessories





# CASCADE EUROPEAN SERIES

Replenish your reserves at a moment's impulse, basked in golden light, and caressing warmth.

Wash away the remnants of a busy day in a Cascade of pillow-soft steam and find your way back to the very best you.

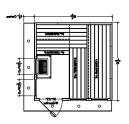


## STANDARD FEATURES

- -84"d x 84"w x 84"h, O.D.
- 4 bronze-tinted side light windows, all-glass door
- Includes 10" overhanging ceiling with exterior low-voltage lighting, interior low-voltage lighting, 4 benches, headrests, duckboard, 2 full-length curved backrests, deluxe heater guard and bench skirts.
- Bucket, ladle, thermometer
- Interior and exterior of clear Western Red Cedar

## OPTIONAL FEATURES

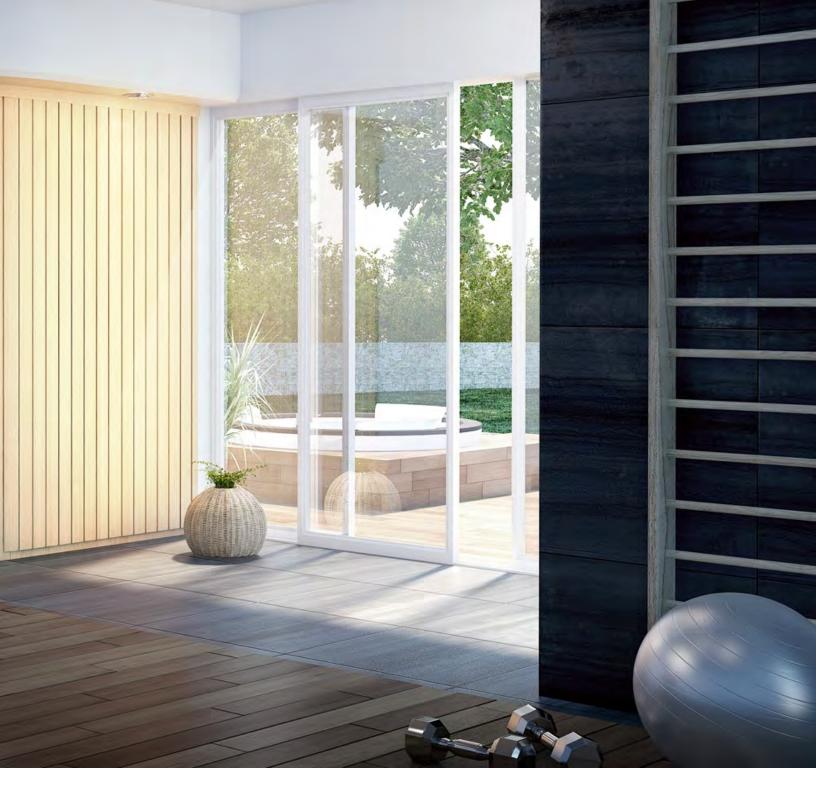
- Digital controls
- Accessories
- Wall-to-wall duckboard





# PACIFIC EUROPEAN SERIES

Lose yourself in waves of ultra chic comfort, rekindling your spirit in aesthetic splendor. Pacific's undulating lines are an ongoing invitation to step into a world as inspiring as the miracle from which it takes its name.

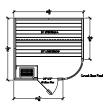


## STANDARD FEATURES

- 72"d x 84"w x 84"h, O.D.
- Curved panoramic window, all-glass door
- Includes low-voltage valance lighting, 2 benches, deluxe full-length backrest, headrest, duckboard, and bench skirts
- Bucket, ladle, thermometer
- Interior and exterior of clear Western Red Cedar or Hemlock

## OPTIONAL FEATURES

- Digital controls
- Accessories
- Wall-to-wall duckboard





# HERITAGE EUROPEAN SERIES

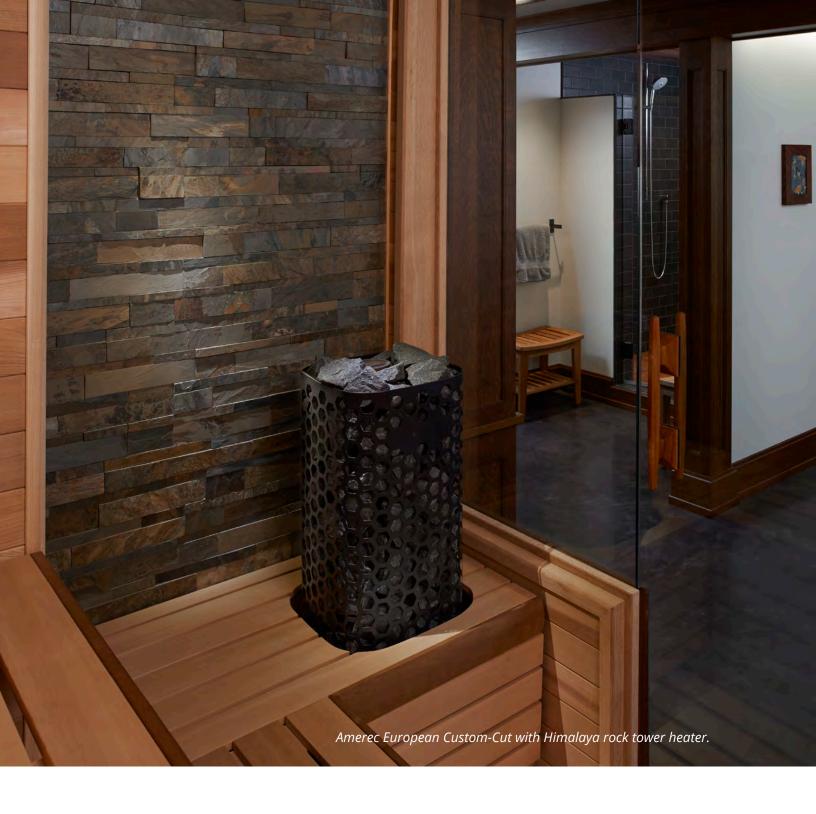
Celebrating 100 years of sauna bathing (Amerec's parent company, TyloHelo, was founded in Finland in 1919), the Heritage sauna combines the best of classic sauna features with modern technology and design.



## STANDARD FEATURES

- 72"d x 84"w x 84"h, O.D.
- Panoramic all-glass front
- Includes low-voltage valance lighting,
- The upper benches with deluxe full length backrests
- Himalaya heater protruding through wall-to-wall middle platform
- Bucket, ladle, thermometer

- Interior of clear Hemlock with heat-treated Alder accents on bench and platform face
- Exterior of clear Hemlock or clear Western Red Cedar



BWT
BIO WATER
TECHNIQUE...
EXPERIENCE SAUNA
REINVENTED

## SIMPLICITY IS A GOOD THING

We have trail-blazed the sauna industry for almost one hundred years. We now introduce the only multi-layered sauna experience on the market. A new dimension in modern sauna solutions. And it is handmade in Finland, as usual.

# **BWT**

BioWater Technique...Experience Sauna Reinvented

## Simplicity is a Good Thing

We have trail-blazed the sauna industry more than one hundred years. We now introduce BWT, proprietary technology and design from Amerec that incorporates an integral water tank that softly emits humidity to the sauna for a more pleasant sauna experience.

## One Heater. Multiple Sensations.

The new BWT-ready sauna provides a multidimensional experience of pleasure and relaxation in true Amerec fashion. A multitude of sauna experiences in one single and ingenious sauna solution.



# BWT READY



PICCOLO BWT Standard



HIMALAYA BWT Standard



FONDA Trend BWT Standard



LAAVA BWT Optional (Auto-fill or manual fill)

## TWO SAUNA TYPES FROM ONE HEATER.

## Flexi-Sauna

Fill BWT water container and set temperature to:

140-175 ° F

- More humidity
   Lower temperature
- A gentle sauna experience
- Bio-aroma available

## Hot & Dry Sauna

Use BWT without water and set temperature to:

175-190 ° F

- High Temperature
   Low humidity
- Intense sauna sensation

# **BLACKLINE SAUNA HEATERS**

# AMEREC'S LATEST GENERATION OF CUTTING EDGE SAUNA TECHNOLOGY AND DESIGN

## Piccolo

The Piccolo is the newest heater to join the BWT-ready Blackline Series. This diminutive heater provides a multidimensional experience of pleasure and relaxation in true Amerec fashion. A multitude of sauna experiences in one single and ingenious sauna solution. The Piccolo captures the popularity of our Himalaya heater series: a "rock tower heater with BWT" but for smaller saunas 175 cu ft or less. Match with Pure 2.0 control.



## Himalaya

Himalaya – the name of the legendary mountain range means "home of the snow". Like its namesake, the secret of Amerec's Himalaya also lies in the natural water cycle. The Himalaya has several new features unique to North America: a rock tower design with 210 pounds of rocks and standard BWT technology. The soft heat and humidity is a "game changer" in the sauna industry, creating a much more pleasant sauna experience. Add a glass ring for beautiful in-bench designs and your sauna will look as beautiful as it is functional. Match with Elite, Pure 2.0 or SaunaLogic2 control.



## Fonda Pure

The Fonda is the latest addition to Amerec's wall heater series—a modern update to the industry's most popular heaters. It's European design combined with Pure 2.0 Touch Control and BWT technology is ideal where a wall-mounted heater is desired. Optional floor stand available. Match with Pure 2.0 control.



## Laava

Laava heaters are an update on the Professional series heaters that have been the standard of the industry for more than 25 years. Laava are designed for large, residential and commercial-sized saunas. With a maximum amount of stones of 132 lbs, these stoves create a pleasant and relaxing sauna experience. The Laava pairs with a range of controls: Elite, Pure 2.0 or SC. BWT is optional (auto-fill or manual fill).







### Piccolo Heater - Wall Mounted

Wall-mounted rock tower heater, with 50# of rocks for smaller saunas up to 175 cubic feet. Corner mount or flat wall mount. Match with Pure 2.0 control. BWT Ready.

PICCOLO HEATER	Piccolo 2.1	Piccolo 3.5
Sauna size (Cu. Ft.)	70-120	100-175
Heating power (kW)	2.1	3.5
Vulcanite rocks (lbs)	50	50
Amps / Voltage / Phase	17.5 / 120 / 1	14.6 / 240 / 1
Shipping weight	24	24
Dim. (inch) (WxHxD)	11x31x9-1/2	11x31x9-1/2
Control Unit	Pure 2.0	Pure 2.0



Corner Mount

Nount Flat Wall Mount









## Himalaya Heater - Floor Standing

Floor-standing rock tower heater, with 210# of rocks. Available with optional glass ring surround for through-bench installations. BWT Ready. Match with Elite, Pure 2.0 or SaunaLogic2 controls.

HIMALAYA HEATER	Himalaya 7	Himalaya 9
Sauna size (Cu. Ft.)	175-350	310-500
Heating power (kW)	6.8	9.0
Vulcanite rocks (lbs)	210	210
Amps / Voltage / Phase	28.3 / 240 / 1	37.5 / 240 / 1
Amp / Voltage / Phase	18.9 /208 / 3	25.0 / 208 / 3
Shipping weight	16	16
Dim. (inch) (WxHxD)	12x40-1/2x15	12x40-1/2x15
Control Unit	Elite, Pure 2.0, SL2	Elite, Pure 2.0, SL2





## Fonda Pure Heater - Wall Mounted

The Fonda Pure is matched with Amerec's exclusive Pure 2.0 Touch Control. BWT Ready.

Fonda Pure	Fonda 45 Pure	Fonda 60 Pure	Fonda 80 Pure	Fonda 80 Pure/3
Sauna size (Cu. Ft.)	100 - 210	175 - 310	250 - 425	250 - 425
Heating power (kW)	4.5	6.0	8.0	8.0
Vulcanite rocks (lbs)	50	50	50	50
Amps / Voltage / Phase	18.8 / 240 / 1	25.0 / 240 / 1	33.3 / 240 / 1	22.2 / 208 / 3
Shipping weight	35	36	37	37
Dim. (inch) (WxHxD)	171/2 x 255/8 x 12	17 <sup>1</sup> / <sub>2</sub> x 25 <sup>5</sup> / <sub>8</sub> x 12	17 <sup>1</sup> / <sub>2</sub> x 25 <sup>5</sup> / <sub>8</sub> x 12	171/2 x 255/8 x 12
Control unit	Pure 2.0	Pure 2.0	Pure 2.0	Pure 2.0
Extra features	Optional Floor Stand			





Designed for large commercial size sauna rooms: Use with separate control panels. BWT optional: auto-fill or manual-fill. Contactor box is required.







LAAVA HEATER	Laava 105	Laava 120	Laava 140	Laava 105/3	Laava 120/3	Laava 140/3
Sauna size (Cu. Ft.)	390 - 600	510 - 740	630 - 950	390 - 600	510 - 740	630 - 950
Heating power (kW)	10.5	12.0	14.4	10.5	12.0	14.4
Vulcanite rocks (lbs)	132	132	132	132	132	132
Amps / Voltage / Phase	43.8 / 240 / 1	50.0 / 240 / 1	60.0 / 240 / 1	29.2 / 208 / 3	33.3 / 208 / 3	40.0 / 208 / 3
Control unit	All Laava Heaters are available with the following controls: Elite, Pure 2.0, or SC					
Shipping weight	75	75	75	75	75	75
Dim. (inch) (WxHxD)	22 x 35 x 22	22 x 35 x 22	22 x 35 x 22	22 x 35 x 22	22 x 35 x 22	22 x 35 x 22
Extra features	BWT Auto-Fill Option Available					

# CLASSIC LINE SAUNA HEATERS

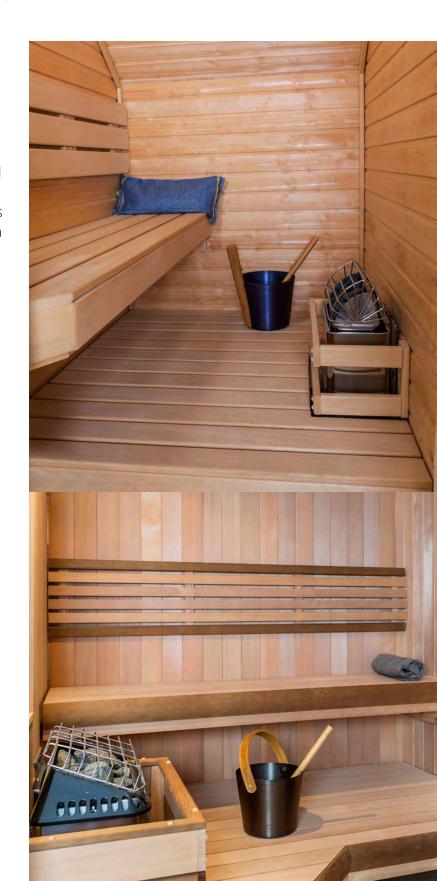
AMEREC'S CLASSIC HEATERS OFFER AMAZING PERFORMANCE AND VALUE FOR ALL SIZES OF SAUNAS

## Wall Mounted and Floor Standing

Quality craftsmanship is the signature of genuine Amerec wall and floor heaters. Designed for high performance, Amerec heaters put more rocks in direct contact with the elements. The result is pure bliss: a soft steam and even, gentle waves of heat that keep the climate irresistibly perfect. Choose from a range of options to suit every taste and sauna room, each offering a unique expression of the pure sauna experience.

# Amerec Wall-Mounted and Floor Standing Heaters Feature:

- More rocks in direct contact with elements, ensuring a softer, gentler and more even sauna climate
- Open air flow design to allow quick, effective heating with efficient energy use
- Double-wall structural shell minimizes surface temperatures, preventing accidental burns and adding to the comfort
- Heat shield in attractive stainless steel finish adds a modern feel to sauna decor
- Safety tested and listed for years of worry-free performance





Junior Heater - Wall Mounted

For small saunas and tight spaces, the Junior heater combines great European design with easy-to-use digital technology. Stainless steel construction. Match with SaunaLogic2 Control.

JUNIOR	Junior 21	Junior 21	Junior 30	Junior 30
Sauna size (Cu. Ft.)	45 - 100	45 - 100	70 - 150	70 - 150
Heating power (kW)	2.1	2.1	3.0	3.0
Vulcanite rocks (lbs)	25	25	25	25
Amps / Voltage / Phase	17.5 / 120 / 1	8.75 / 240 / 1	25 / 120 / 1	12.5 / 240 / 1
Control unit	SaunaLogic2	SaunaLogic2	SaunaLogic2	SaunaLogic2
Shipping weight	19	19	19	19
Dim. (inch) (WxHxD)	111/2 x 26 x 8	111/2 x 26 x 8	111/2 x 26 x 8	11 <sup>1</sup> / <sub>2</sub> x 26 x 8



Designer B Heater -Built-in Controls

Offers in-room control of your sauna or for installs where external controls are not an option. Controls feature "9+1" timer with 9-hour time delay feature. Controls bottom mount—front or side.

Designer B	Designer 45B	Designer 60B	Designer 80B	Designer 80B/3
Sauna size (Cu. Ft.)	100-210	175-310	250-425	250-425
Heating power (kW)	4.5	6.0	8.0	8.0
Vulcanite rocks (lbs)	33	50	50	50
Amps / Voltage / Phase	18.8 / 240 / 1	25 / 240 / 1	33.3 / 240 / 1	22.2/ 208 / 3
Control unit	Built-in	Built-in	Built-in	Built-in
Shipping weight	35	36	37	37
Dim. (inch) (WxHxD)	16 <sup>1</sup> /2 × 23 × 11	16 <sup>1</sup> /2×23×11	16 <sup>1</sup> / <sub>2</sub> x 23 x 11	16 <sup>1</sup> / <sub>2</sub> × 23 × 11



Designer Pure Heater -Wall Mounted



For saunas up to 425 cubic feet, the Designer Pure heater with the Pure 2.0 control is easy to use and is a terrific value. Stainless steel construction.

DESIGNER PURE	Designer Pure 45	Designer Pure 60	Designer Pure 80	Designer Pure 80/3
Sauna size (Cu. Ft.)	100 - 210	175 - 310	250 - 425	250-425
Heating power (kW)	4.5	6.0	8.0	8.0
Vulcanite rocks (lbs)	33	50	50	50
Amps / Voltage / Phase	18.8 / 240 / 1	25.0 / 240 / 1	33.3 / 240 / 1	22.2 / 208 / 3
Shipping weight	35	35	35	35
Dim. (inch) (WxHxD)	16 <sup>1</sup> /2×23×11	16 <sup>1</sup> / <sub>2</sub> × 23 × 11	16 <sup>1</sup> /2 x 23 x 11	16 <sup>1</sup> /2×23×11
Control unit	Pure 2.0	Pure 2.0	Pure 2.0	Pure 2.0



Designer SL2
Wall Mounted



For saunas up to 425 cubic feet, the Design SL2 digital heater with the SaunaLogic2 Control is easy to use and is a terrific value. Stainless steel construction.

DESIGNER SL2	Designer SL2 45	Designer SL2 60	Designer SL2 80	Designer SL2 80/3
Sauna size (Cu. Ft.)	100 - 210	175 - 310	250 - 425	250-425
Heating power (kW)	4.5	6.0	8.0	8.0
Vulcanite rocks (lbs)	33	50	50	50
Amps / Voltage / Phase	18.8 / 240 / 1	25.0 / 240 / 1	33.3 / 240 / 1	22.2 / 208 / 3
Shipping weight	35	35	35	35
Dim. (inch) (WxHxD)	16 <sup>1</sup> / <sub>2</sub> × 23 × 11	16 <sup>1</sup> / <sub>2</sub> × 23 × 11	161/2 x 23 x 11	16 <sup>1</sup> / <sub>2</sub> x 23 x 11
Control unit	SaunaLogic2	SaunaLogic2	SaunaLogic2	SaunaLogic2



**Pro Heater -** Floor Standing





Designed for large, commercial-sized sauna rooms, use with separate control panels. Remote control panel. Stainless steel exterior and junction box. Separate contactor box required.

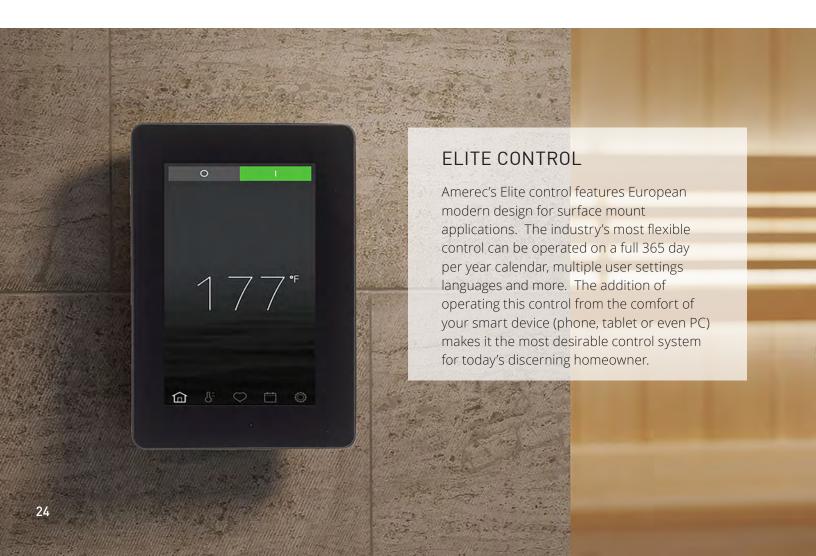
PRO	Pro 105	Pro 120	Pro 140	Pro 105/3	Pro 120/3	Pro 140/3
Sauna size (Cu. Ft.)	390 - 600	510 - 740	630 - 950	390 - 600	510 - 740	630 - 950
Heating power (kW)	10.5	12.0	14.4	10.5	12.0	14.4
Vulcanite rocks (lbs)	132	132	132	132	132	132
Amps / Voltage / Phase	43.8 / 240 / 1	50.0 / 240 / 1	60.0 / 240 / 1	29.2 / 208 / 3	33.3 / 208 / 3	40.1 / 208 / 3
Shipping weight	68	70	75	68	70	75
Dim. (inch) (WxHxD)	20 x 29 x 19					
Control unit	SC, Digi VII					

# DELUXE SAUNA CONTROLS

The latest in Smart Sauna Technology

In the Amerec sauna experience, managing the climate, timing and comfort of your sauna is never a source of stress. Amerec sauna controls are attractive and designed and manufactured to provide years of dependable, convenient and safe operation. And regardless of the option you choose, Amerec sauna control units let you create the environment that's perfect for you—easily and intuitively.

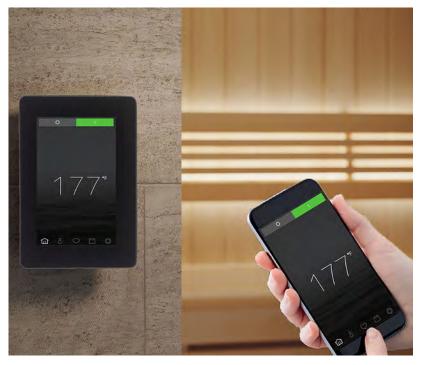




# NORTH AMERICA'S FIRST SAUNA CONTROLS WITH TRUE WORLDWIDE MOBILE FUNCTIONALITY: AMEREC ELITE AND AMEREC SAUNALOGIC2

# ELITE TOUCHSCREEN CONTROL

- Touch screen operation for easy control
- Operate your sauna heater from anywhere there is cell service with the "Amerec Control" app for Android or iPhone.
- Surface mount
- Optional choice of trim rings in seven finishes
- Mount inside or outside the sauna room
- Waterproof
- Intelligent Start (pre-heat sauna when you want it)
- Calendar Programming (set your sauna to work according to your schedule).
- User Favorites (remembers user preferences)
- For use with Himalaya and Laava heaters (also used with Amerec AX Steam Generators).



Elite Control shown with mobile phone app

## SAUNALOGIC2® CONTROL

In addition to the mobile app with functionality from anywhere there is cell or data service, the SL2 takes the simple yet intuitive and popular Saunalogic2 control and gives it a modern upgrade. The glass touch screen on a smart phone size surface provides a modern and extremely flexible option for the modern sauna owner.

- "SaunaLogic" app for Android or iPhone
- Siri, Alexa, and Google Assistant
- 3 3/8" w x 5 1/2" H x 1/4" D
- Intuitive display (time/temp/lighting/ system status)
- 24hr. time delay
- 60 minute timer
- Built-in RGBW light control with dimmer (use with optional Saunachrome light kit)
- Built-in Bluetooth button for use with optional SL2 Audio Kit
- For use in Traditional Sauna, Custom InfraSauna and custom IR
- For use with Designer and Himalaya Heaters

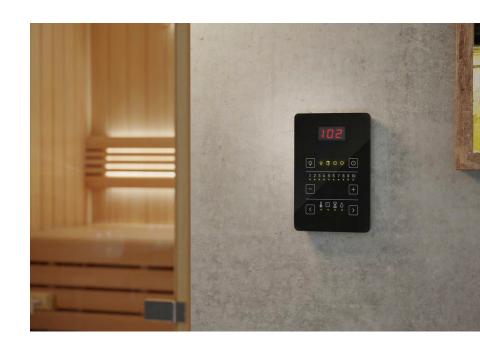


### PURE 2.0™ CONTROL

The Pure 2.0 Control takes the popular and simplistic Trend control and gives it a modern update. The same simple control features such as 10-hour preset, simple time and temperature control as well as light operation, has been updated with a new, modern, black face glass touch screen and provides a large, easy to read, digital readout of temperature.

Amerec's Pure 2.0 digital control provides European design with superb functionality.

- -33/8" W x 5" H x 1/2"D
- Time and temperature settings
- Digital readout of current temperature
- 60 minute timer
- 10-hour time delay
- Light switch
- Can be mounted inside or outside the sauna
- Waterproof
- Surface mount
- Can be used with optional on/off switch for flexible operation or commercial use.



## ON/OFF BUTTON

- A simple one-touch override of the main sauna control panel.
- This optional illuminated external switch allows the sauna bather to turn the sauna On/Off (with a Pure 2.0 and Elite control system)
- When turned "On" the sauna will operate at the pre-set time and temperature on the main control. Commercial saunas can operate as 60 min. or 24 hr. run cycle.
- Heavy duty tamper-resistant brushed stainless steel control; blue LED illuminates when turned on.
- Mounts in a standard single-gang electrical rough-in box.
- In a commercial environment the main sauna control can be located at the attendant's desk (or in the mechanical room) so the sauna time/temperature functions are secured from the general public.
- Elite control systems can be operated from a PC-app for ease and safety of club-manager-operation of commercial saunas.
- No programming needed; Plug-n-play operation



On/Off Button can be connected to Elite or Pure 2.0 Control.

# CLASSIC SAUNA CONTROLS

Proven Performance and Reliability.

#### DIGI VII

- Perfect for Health Clubs with predetermined start and stop times each day
- 7-day, 24 hour programmability
- SaunaSmart function
- Adjustable time and temp
- Ventilation fan and light buttons
- Integral audible high temperature alarm for additional safety
- For use with Pro heater
- Floor heaters require separate contactor box





#### SC-60

Sleek, flush mounted design with satin stainless steel face plate

- 60 minute timer
- Adjustable thermostat control
- Light switch
- Heat indicator light
- Flush mount control
- Sleek satin stainless steel face
- For use with Laava/Pro heaters
- Floor heaters require separate contactor box



### SC-9 CONTROL

Similar to SC-60 but with 9-hour time delay start up.

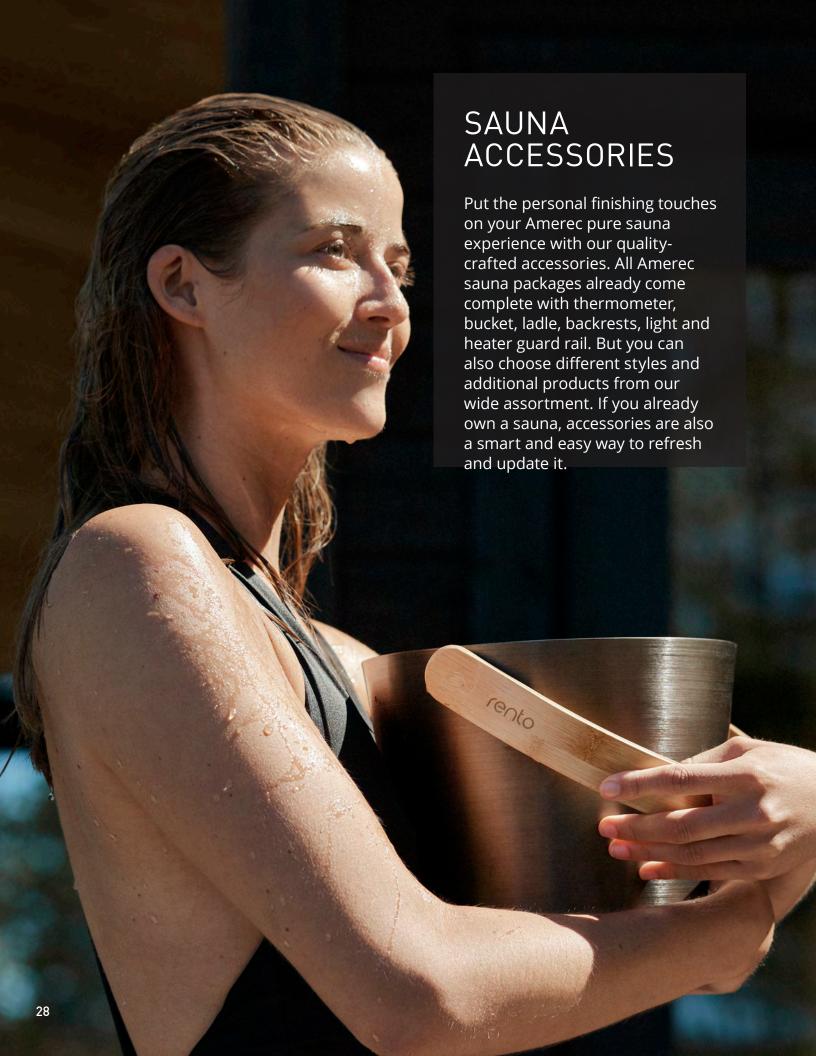
- 60 minute timer with 9-hour time delay for start up
- For use with Laava/Pro heaters
- Floor heaters require separate contactor box



### SC-CLUB

Similar to SC-60 but with on/off switch

- On/off switch for club use with attendant on duty (no timer)
- For use with Laava/Pro heaters
- Floor heaters require separate contactor box



### Rento Sauna Buckets

Timeless design combined with user-friendly shapes. The metal parts are color-anodised aluminum, with handles of heat-treated bamboo.

#### Sauna Buckets





#### Rento Sauna Ladle

Color-anodized aluminum and heattreated bamboo.

#### Aluminum Ladle



#### Rento Pisara Sauna Bucket Set

The Pisara products are manufactured from a completely Finnish biocomposite called UPM Formi\*. The durable natural fibre composite is pleasant to the touch and an excellent choice of material for the heat and humidity of the sauna.



















# SAUNA ACCESSORIES

Sauna Scent

400 ml and 10 ml

Enhance your sauna experience with special scents from Scandinavia















Aluminum Sauna Thermometer



**Dried Sauna Whisk**Birch or Eucalyptus





# SPA ACCESSORIES

PINO SAUNA TEXTILES: Soft, light cotton, feels cool, absorbs moisture and dries quickly.

Linen Terry Wash Mitten & Back Washer





Sauna Seat Cover Cotton, 20" x 24"



KENNO SAUNA TEXTILES: 75% recycled cotton, soft fabric, vibrant texture.

Seat Cover  $20'' \times 24''$ 





Bath Towel 35" x 71



Sauna Bath Robe S, M, L, XL



# SPA ACCESSORIES



Sauna Soap

Available in Birch, Arctic Pine, and Wood Tar





### **Pumice Foot** Scrub





### SPA ACCESSORIES AVAILABLE IN MULTIPLE SIZES AND FRAGRANCES. VISIT AMEREC.COM FOR MORE DETAILS.

**Body Wash** 

Arctic Pine, Blueberry, Birch 400 ml and 50 ml





**Body Balm** Arctic Pine, Blueberry

400 ml and 5 0ml



**Body Scrub** Arctic Pine, Blueberry 150 ml



Hand Wash

Arctic Pine, Blueberry, Birch 400 ml







Sauna Honey

Arctic Pine, Blueberry, Birch 150 ml



Shampoo & Conditioner

Arctic Pine, Blueberry 400 ml



Massage Oil

Fragrance Free Massage Oil from Therapeutic Natural Oils 200 ml



# INFRARED SAUNAS

## REDEFINING THE STANDARD FOR INFRARED SAUNAS





Far-infrared saunas radiate a deep, penetrating heat that melts cares away at the end of a stressful day. If you like to work out, an infrared session before your exercise warms up muscles and increases flexibility, helping to avoid injury. Use after a work out for gentle soothing of sore muscles. And with minimal waiting time for preheating—when you're ready to relax and re-energize, your Amerec far-infrared is ready as well.



# PURE HEAD-TO-TOE COMFORT

## WITH AMEREC'S EVEN HEAT DISTRIBUTION

One of the most common complaints about infrared saunas is uneven heat distribution—"cold spots" where no IR waves reach the body, and "hot spots" when seated directly in front of outdated ceramic or metallic IR heaters.

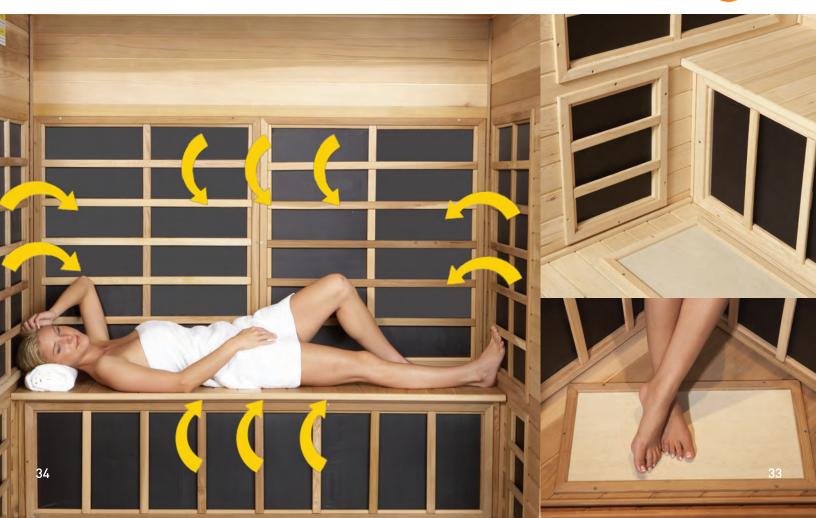
Amerec far-infrared saunas are purpose-engineered to create the most soothing, full-body heat exposure available. Using the most advanced far-infrared technology from Japan, Amerec's CarbonFlex® emitters generate even heat and wall to wall full body coverage.

CarbonFlex® heating panels have a larger heating surface, which ensures your perfect bathing comfort in two important ways. First, the larger surface disperses heat over a wider area, keeping their surface temperature comfortable for bathers. Secondly, maximum exposure over the widest possible area creates optimal infrared wavelengths, which in turn insures deep penetration and soft, even heat you expect for a pure sauna experience.

## TO GUARANTEE MAXIMUM HEAD-TO-TOE COMFORT, ALL AMEREC IR SAUNAS INCLUDE:

- Wall-to-wall carbon fiber heaters on back wall and sidewalls
- Side wall heaters extending all the way down to floor level
- Exclusive bench seat heaters with on/off button
- Exclusive in-floor heating systems with heated ceramic tiles





# WARM UP TO NEW BREAKTHROUGH TECHNOLOGY

Electrical devices, including infrared saunas, naturally produce EMR and EF radiation. Though not harmful in the low doses used in Infrared saunas we have spent the last several years developing a new and breakthrough technology that nearly eliminates this radiation while still maintaining the positive effects of infrared sauna. We call it Pure Infra™ (multiple patents) and this new technology is exclusive to Amerec. It's the only infrared sauna technology that exceeds the tough Swedish radiation standards.

Amerec's wall-to-wall flat panel carbon-fiber CarbonFlex® IR heating system literally "wraps" you evenly in gentle heat, avoiding uncomfortable temperature fluctuations found in other IR systems. All Amerec models can be simply plugged into a 120 volt household outlet. Select one of three lighting systems depending upon the mood: reading lights, color-light therapy, or the soft ambience of valance lighting. Your preferred comfort settings for heat, sound and light are easily managed from the Touch Screen control.

B-810



B-820



B-830



B-840



B-870



B-880



## AMEREC INFRARED ROOMS

### INFRARED ROOMS INCLUDE THE FOLLOWING STANDARD FEATURES

- Low EMR and Low EF throughout the entire sauna
- The only IR sauna to exceed the Swedish standards in all points of the sauna
- Prefabricated wall panels, finished inside and out with clear T&G Canadian Hemlock—for a sauna with "furniture quality."
- We use Hemlock for it's 'hypo-allergenic' qualities
- Fast assembly with no tools—with wall panels mounted onto an easy-fit base and topped with easy-fit ceiling panel.
- Exterior surfaces finished with biodegradable wood treatment—for a more luxurious look and for ease in maintenance.
- Amerec CarbonFlex® infrared heaters, integral with wall panels, with heater surface area and wattage designed to give even, enveloping heat on all sides.
- Amerec digital Touch pad control system mounted inside the sauna for easy operation and control of: on/off, 3 different lighting options (reading, color-therapy, valance lighting), sound system, time and temperature controls.

- Amerec sound system includes low profile speakers, iPod or MP3 hook-up or Bluetooth sound
- Pre-built Hemlock benches
- Built-in Hemlock floor
- Deluxe Tempered Full-Glass Door
- Low-voltage mini-spot lights installed in the ceiling. Wall-to-wall backrests, designed for user comfort and safety.
- Super-easy installation with pre-wired heaters, lights, stereo, etc.—with simple "plug-in" system.
- All sizes can be plugged into a 120 volt household outlet
- ETL listed "as a complete plug-in room"—for safety and reliability
- Industry leading warranty backed by America's #1 sauna company.

#### INFRARED ROOMS SPECIFICATIONS

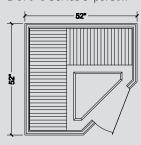
6 Models to choose from, B Series

For complete details including specifications on the 'B' series, visit www.amerec.com.

B 810 Series 1-person



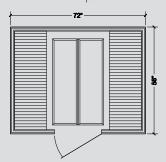
B 870-C Series 3-person



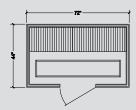
B 820 Series 2-person



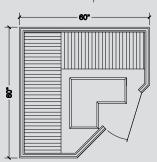
B 840 Series 4-person



B 830 Series 3-person



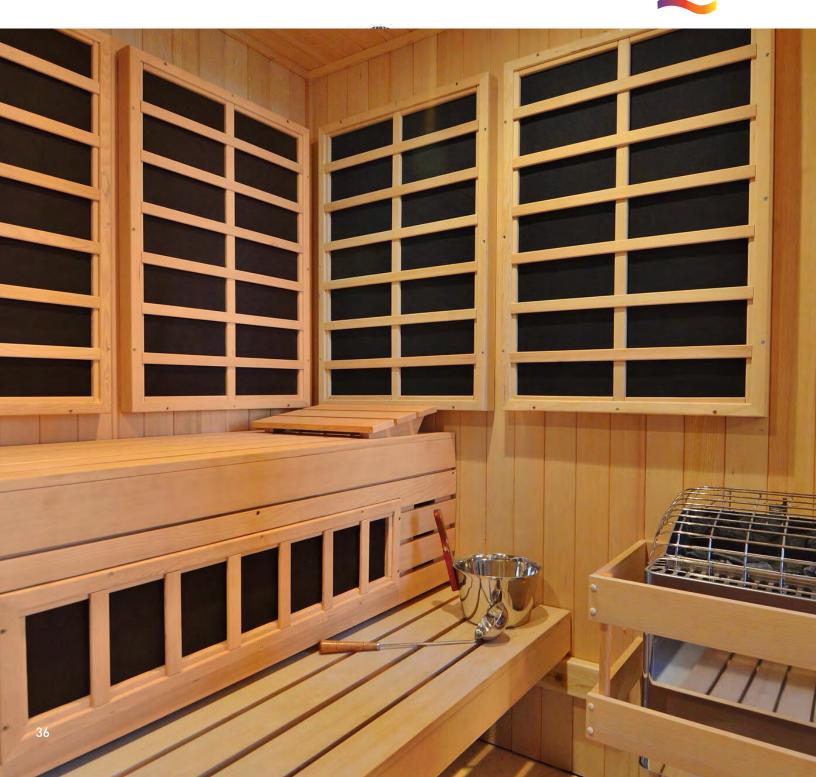
B 880-C Series 4-person



# **INFRASAUNA**

## 2-IN-1 COMBINATION TRADITIONAL SAUNA + FAR INFRARED

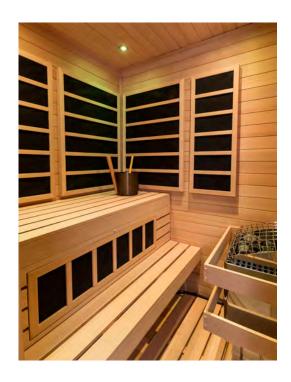
The innovative Amerec InfraSauna provides pleasure beyond what a traditional or infrared sauna can do individually. At times, you might prefer to bask leisurely in the comfort of a traditional sauna. When time is tight or you're in the mood for a milder heat therapy, the infrared option is the answer. Our advanced traditional sauna technology has been seamlessly combined with CarbonFlex far-infrared technology that can be included in virtually any Amerec Modular sauna or Amerec Custom Cut sauna up to 425 cu. ft.





# INFRASAUNA INCLUDES THE FOLLOWING STANDARD FEATURES

- Stainless Steel Junior or Viki Heater with SaunaLogic2 digital control
- Pre-manufactured wood-framed CarbonFlex heating panels for walls and behind legs; quantity of panels depends upon room size
- All-glass door; many window options available
- Interior of sauna includes Western Red Cedar or Hemlock T&G for walls and ceiling, pre-built benches, pre-built bench skirts, backrests, heater guard, floor boards and low-voltage lighting system with color therapy (or alternative lighting system of your choice)
- Bucket, ladle, rocks and installation hardware.





# CUSTOM INFRARED OPTIONS

With Amerec, there are no limits to how your Infrared sauna experience takes shape. Customize the design of your infrared sauna or tailor a "best-of-both-worlds wellness center" featuring both traditional sauna and infrared comfort from the same sauna. Everything will be precut and pre-built to your exact specifications. And if you need design assistance, your nearest specialty Amerec dealer will be happy to help—simply visit, call or email us.

# TREAT YOURSELF TO TWICE THE COMFORT

Imagine designing your own personal home spa in almost any shape, size and decor. And being able to use it for quick, energizing IR warmups on weekday mornings. Or letting luxurious clouds of relaxing steam wash over you on weekends. With a Custom Infra Sauna, you get the exact wellness center design that best suits you and your family. And the option to enjoy the comforts of pure sauna any way you like.

# UPGRADE YOUR EXISTING SAUNA: JUST ADD INFRARED

Amerec's custom infrared package means you can freshen up your existing sauna with a comforting addition—the soothing, instant heat benefits of infrared. Or you can convert your existing traditional sauna into infrared only. We will precut, size and plan each component to fit your existing sauna cabin. And you'll be able to control both the traditional heater and infrared from a single convenient digital control pad.





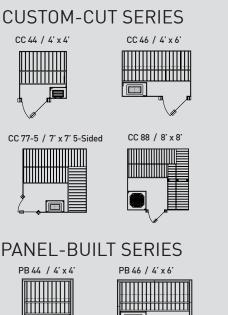
#### MODULAR INFRASAUNA PACKAGE

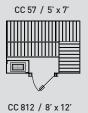
Our modular InfraSauna package can be adapted for traditional free-standing saunas, or to meet your custom specs for a tailored infrared cabin or traditional/infrared sauna combination. The package includes:

- Enough CarbonFlex® heating panels to ensure even, penetrating heat throughout your cabin, each heater cased in clear, vertical grain Canadian Hemlock.
- Stainless Steel Sauna Heater with SaunaLogic digital control (Junior heater for saunas less than 150 cubic feet; Viki heater for saunas up to 425 cu. ft.).

- Hand crafted wall and ceiling panels in Western Red Cedar or Hemlock
- Pre-assembled benches selected from our standard designs, or choose a luxury upgrade
- Lighting system of your choice
- Bucket, ladle, rocks
- Options ranging from full-wall glass panels, bench design upgrades, recessed lighting, color light therapy, and more

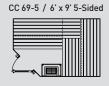
## SAUNA LAYOUTS







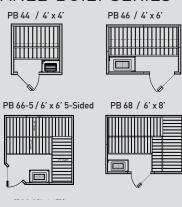
CC 68 / 6' x 8'

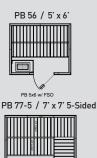


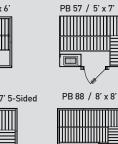
CC 99 Handicap 9' x 9' CC 1010 / 10' x 10'

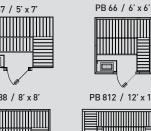
CC 1212 / 12' x 12'

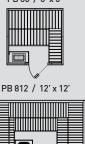












Layouts shown are examples only; Amerec saunas are fully customizable to fit your space and design.

# SAUNA DOORS

In a Amerec sauna, the door isn't simply a closure it is a gateway between worlds that always say "welcome". All Amerec saunas include an all-glass door. But you can also choose from several door and window styles to personalize your sauna. Amerec's six optional door designs are available in standard and handicap-accessible sizes. All Amerec doors include our exclusive latching system and laser-etched handles.

### DOOR OPTIONS INCLUDE

- All glass door (standard), 24"x72" or 24"x80"
- Hemlock door 24"x72", 231/4"x691/4", 24" x 80", 30" x 80" with insulated glass window (Note: 80" height is for Custom Cut saunas only; not for modular)
- Etched glass door, 24"x72"; Shown above: "Birch Leaves over Water"
- All doors are prehung and include handles and appropriate latching system
- For all doors consult dealer or Amerec for suggested rough opening













# SAUNA SPECIFICATIONS

**GENERAL:** Sauna room(s) shall be manufactured by Amerec, 17683 128th Place NE, #C, Woodinville, WA 98072. The following specifications include design parameters for Amerec prefab/modular saunas, as well as for Amerec Custom-Cut material packages.

**WORK TO BE DONE BY OTHERS:** All work set forth below will be included under other sections for the specifications:

#### For all Amerec sauna types:

- 1. Finish painting and/or staining of exterior surfaces.
- 2. Subfloor and/or foundation work.
- 3. All electrical work from supply, including connections to control, heater and light.

#### For Amerec Custom-Cut saunas:

- 4. Installation of stud walls (or furring strips) and ceiling joists.
- 5. Installation of insulation between wall studs and ceiling joists.

**CODE REQUIREMENTS:** All materials, components and work shall conform to all applicable local, state and federal building and safety codes, ordinances and regulations.

**TYPE CONSTRUCTION:** AMEREC CUSTOM CUT MATERIAL PACKAGES (for installation on previously framed walls)

Wall framing shall be on 16" centers. Standard framed wall shall have 2" x 4" studs, bottom base plate treated, and ceiling lowered to 84" I.D. from floor to framing. Existing masonry walls shall have furrings strips on 16" centers; metal studs shall have furring strips—for nailing of T&G wall boards.

Walls and ceiling shall be insulated with minimum R11 rated fiberglass insulation, with foil vapor barrier (foil provided by Amerec).

When ordering: sauna material package, shall be Amerec model CC\_\_\_\_\_\_. Provide interior dimensions of the framed space, indicate direction of ceiling joists, jamb width and swing of door.

Walls and ceiling interior materials shall be 1"  $\times$  4" (nominal) V-joint, kiln dried to 12% or less, T&G clear Western Red Cedar or clear Canadian Hemlock. Boards to be blind nailed using 18g galvanized brad nails, or comparable galvanized staples. Wallboards applied horizontally unless specified otherwise.

**TYPE CONSTRUCTION:** AMEREC PANEL-BUILT SAUNA PACKAGES (free-standing, modular units). No framed walls are required for Amerec Panel-Built packages. Install on any level, water proof floor.

Wall and ceiling panels shall be framed of  $2" \times 2"$  framing (for larger commercial size saunas framing is  $2" \times 3"$ ), insulated with fiberglass batts, vapor barrier of Type C Reynolds Building Foil. Panel interior and exterior shall be lined with  $1" \times 4"$  (nominal), V-joint, kiln dried, clear Western Red Cedar or clear Canadian Hemlock. Optional: panel exterior can be 1/4" smooth Luan Plywood on walls to be hidden or walls to be covered with drywall, tile, or other finishes.

TYPE CONSTRUCTION: ALL TYPES—CUSTOM CUT AND PANEL BUILT. BENCHES: Shall be preassembled by Amerec. Standard top bench width equals 24" in saunas 5' deep or greater. Bench tops of kiln-dried clear, all-vertical-grain Western Red Cedar or Canadian Hemlock. 1" x 4" nominal with 1/2" spacing. Internal framing of 2" x 4" SPF (or 2" x 4" cedar). Bench tops fastened from bottom with stainless steel screws. Bench supports 2" x 4" Western Red Cedar or Canadian Hemlock. Commercial Sauna Benches: Internal framing 2" x 6" on benches is available, and H-leg bench supports on benches 8' and longer is standard. Standard bench heights are 18" (lower) and 35" (upper). All wood surfaces that touch the sauna floor (heater guard, H-legs, arm rests) include adjustable feet to adjust to floor slope and keep dry.

**BACKRESTS:** S4S clear Cedar or Hemlock with optional heat-treated alder accents.

**INTERIOR AND EXTERIOR TRIM:** Corner and cove molding of clear, kiln-dried Cedar or Hemlock. Panel-Built saunas also include fascia of same material.

**HEATER GUARD RAIL:** Shall be constructed of clear Cedar or Hemlock to surround heater. Dimensions shall match UL requirements for proper spacing between heater and guard rail.

**DOOR:** Shall be Amerec Model AG standard all-glass door, with 1/4" bronze tinted/tempered glass, mounted on 1 1/2" thick clear, vertical grain clear Canadian Hemlock door jamb. AG doors are available in five sizes. Standard door for Custom-Cut sauna rooms is AG 24/80 (24" x 80"); standard door for panel-built rooms is AG 24/72 (24" x 72"). Other sizes of AG doors include 20", 30" and 36" wide. Alternative doors are Amerec Model DF (clear, all vertical grain Douglas Fir rails with sealed, double pane, tempered glass 15" x 64" window, pre-hung on clear Canadian Hemlock jamb—available in 20", 24", 30" and 36" widths

#### HANDICAP ACCESSIBLE COMMERCIAL SAUNA DOORS AVAILABLE:

All-glass doors (AG) or Douglas Fir doors (DF) are available in 36" widths. For Amerec Custom Cut saunas handicap door size is 36" x 80"; for Amerec Panel-built saunas handicap door size is 36" x 72".

**SAUNA HEATER:** Shall be Amerec Model\_\_\_\_\_, sized according to the size room as shown on page 21 and 23. Heater shall be UL listed. Shall include olivine igneous rocks. Optional floor stand adaptable with Fonda models.

**CONTROLS:** Shall be Amerec Model\_\_\_\_\_, UL listed, and matched with heater according to charts on page 21 and 23.

**FLOOR:** Floor shall be of cement, ceramic tile, or similar waterproof type (no carpeting). Removable duckboard of Cedar or Hemlock is provided for walk area in front of benches. Optional full-floor duckboards or Dri-Dek antibacterial snap-lock flooring.

**LIGHT:** Shall be wall-mounted, UL listed, vapor-proof Progress P5511 or Hubbell B2s-Var. Frosted white globe with satin finish, neoprene gasket, brushed aluminum base. Ceiling mounted and low voltage lighting available.

**ACCESSORIES:** All sauna packages include standard accessories of thermometer, bucket, ladle, headrests, backrests, duckboards. A wide range of additional accessories are available.

**WARRANTY:** All Amerec sauna rooms, sauna heaters, and controls have a five-year limited warranty (one year for commercial saunas) against defects in material and workmanship. For further information regarding the Amerec warranty, please contact Amerec or your local authorized Amerec dealer.

**DESIGN ASSISTANCE:** Amerec's design staff will gladly offer any assistance you may require when designing or specifying sauna rooms and heaters, steambaths and steam generators. Free CAD design service available.

**HANDICAP ACCESSIBILITY:** Most of Amerec's panel-built and custom-cut saunas can be made handicap accessible. Contact Amerec for assistance.

Amerec reserves the right to change specifications and design without notice.

© 2020 Amerec - Printed in U.S.A.





